AI GAPS · Classroom activity

Friendly, or a Friend?

AI is friendly, but it's not a friend. For each situation, decide who you would go to. Then talk about why.

Name

1. You want help brainstorming a title for your science fair project.

☐ Ask AI ☐ Ask AI, then a person ☐ Talk to a person

Why?

2. You've had a stomachache every school morning this week.

☐ Ask AI ☐ Ask AI, then a person ☐ Talk to a person

Why?

3. You think a friend might be mad at you, and you've already asked AI about it five times today.

☐ Ask AI ☐ Ask AI, then a person ☐ Talk to a person

Why?

4. You want to check whether your essay's argument makes sense.

☐ Ask AI ☐ Ask AI, then a person ☐ Talk to a person

Why?

5. You've been feeling really down and don't feel like talking to anyone.

☐ Ask AI ☐ Ask AI, then a person ☐ Talk to a person

Why?

6. You want to know what a word means in another language.

☐ Ask AI ☐ Ask AI, then a person ☐ Talk to a person

Why?

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Talk it over

When is AI a good tool? When is a person better?

What can a real person do that AI can't?

How would you know if you were asking AI about the same worry too many times?

Teacher notes. There isn't one right answer for every situation, so focus the discussion on *why*. Situations 1, 4 and 6 are good uses of AI, ideally checked with a teacher for schoolwork. Situation 2 calls for a parent/caregiver, school nurse or doctor, because a pattern that only happens on school days is something a person who knows the student will notice. Situation 3 is the reassurance loop: talking to the friend or a trusted adult helps more than another answer. Situation 5 always calls for a person. Remind students they can call or text 988 any time.

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